

### Social-Emotional Wellness



**DPM APT Presentation**  
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### Social-Emotional Security in the School Setting

Definition:

Students feel safe from verbal abuse, teasing, and exclusion

### Core Beliefs:

- Every student has the right to come to school and feel *comfortable and confident*.
- Every student has the right to learn and grow in a safe and trusting environment.
- Every student should be able to express himself/herself in a respectful manner without fear of scrutiny.
- Adults are role models for positive behavior and respectful interpersonal skills.

### School Climate and Culture:

- Refers to the quality of school life as it relates to norms and values, interpersonal relations and social interactions, and organizational processes and structures.
- Sets the tone for all learning and teaching to be done in the school environment, and is predictive of students' ability to learn and develop in healthy ways

### Capturing the Current State

- CSCI, SWBS, and team-created surveys
- Advisory feedback
- EWC initiatives
- Observational data
- Focus groups
- Discipline reports
- Attendance reports

### Staffing Support

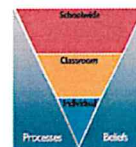
- 4 School Psychologists
- 4 Social Workers at DPM
- 3 PT Social Workers at Elementary School
- Emotional Wellness Coordinator (0.5)
- 3 Assistant Principals
- 10 EWC Teacher Mentors
- 5 Emotional Wellness Committees

### District Efforts

- Hiring Practices
- Evaluation System – Domain 2
  - 2a: Creating an Environment of Respect and Rapport*
  - 2b: Establishing a Culture for Learning*
  - 2c: Managing Classroom Procedures*
  - 2d: Managing Student Behavior*
- Student Growth Data

### Staff Efforts

- Capturing Kids Hearts
- EWC annual goals
- Safe and Civil Schools *Foundations – A Proactive Positive Behavior Support System*



### What helps?

- Clear behavior expectations and consistent application
- High levels of student engagement
- New curricula
- Changing role of teachers
- Student choice
- Push for differentiation
- Collaborative learning and group protocols
- Service learning
- Tiered intervention services
- Teacher collaborative time
- Positive work environment for staff
- Empowerment strategies

### What hurts?

- Pressures faced by today's youngsters
- Social media challenges
- Busy families
- Teacher work demands
- Needs go unaddressed
- Pushing kids too far, too fast
- Stages of child development
- Questionable role models

### Supportive Partnerships

- Spirit of 67 Foundation
- EWC parent reps
- APTs
- CHARMM'D (+ Coach)
- NSSED and cohort schools
- School resource officer
- Community Wellness Task Force
- CROYA
- Guest Speakers
- Other

### What will we be doing this fall?

- *Foundations Work:*
  - Educating our staff
  - Analyzing school-wide behavior policies
  - Managing behavior in common areas
  - Recording observational data
  - Engaging in the cohort (2 days)

### What can parents do?

- Establish close family ties
- Share examples of your challenges
- Foster resilience and coping strategies
- Use growth mindset language
- Be mindful of role models in your child's life (including you!)
- Create a balanced life
- Role play scenarios
- Set social media guidelines
- Encourage optimism
- Practice thanks and gratitude
- Form a positive relationship with school personnel